



Free & Reduced Price Meals Program  
**APPLY ONLINE TODAY!**



**2017**  
**ISL Jefferson - Bunche**

**Daily Meal Prices**

**BREAKFAST**      **LUNCH**  
 \$1.50                      \$2.75  
**Reduced Price**  
 \$0.30                      \$0.40

\*only those students who have qualified for Federal Free/Reduced Meals Program are eligible for reduced price meals.

Monday	Tuesday	Wednesday	Thursday	Friday	FYI										
<b>3</b> <b>BREAKFAST</b> Blueberry Muffin, Fruit, Juice, Milk  <b>LUNCH</b> Chicken Vegetable Rice Casserole <b>Salad Bar –Color Your Plate</b> WG Roll Chilled Sliced Peaches 🍎 Vegetable Rice Casserole	<b>4</b> <b>BREAKFAST</b> WG Breakfast Bar, Fruit, Juice, Milk  <b>LUNCH – Taco Tuesday</b> Taco Salad Refried Beans <b>Salad Bar –Color Your Plate</b> Fresh Fruit, Salsa 🍎 Vegetarian Taco Salad	<b>5</b> <b>BREAKFAST</b> Blueberry Muffin, Fruit, Juice, Milk  <b>LUNCH</b> Macaroni & Cheese Casserole Steamed Broccoli Chilled Mixed Fruit Garlic Bread 🍎 Spaghetti & Marinara Casserole	<b>6</b> <b>BREAKFAST</b> Sausage English Muffin, Fruit, Juice, Milk  <b>LUNCH</b> Chipotle Chicken Wrap Steamed Whole Kernel Corn Chilled Sliced Peaches Teddy Grahams 🍎 Vegetable Wrap	<b>7</b> <b>BREAKFAST</b> WG Mini French Toast, Fruit, Juice, Milk  <b>LUNCH</b> Cheeseburger on WG Bun Tater Tots Lettuce/Tomato/Pickles Chilled Sliced Pears 🍎 Garden Burger	<b>April Meal Prices</b>  <table border="0"> <tr> <td><b>Breakfast</b></td> <td><b>Lunch</b></td> </tr> <tr> <td colspan="2" style="text-align: center;"><b>Full Price</b></td> </tr> <tr> <td><b>\$22.50</b></td> <td><b>\$41.25</b></td> </tr> <tr> <td colspan="2" style="text-align: center;"><b>Reduced Price</b></td> </tr> <tr> <td><b>\$4.50</b></td> <td><b>\$6.00</b></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	<b>Full Price</b>		<b>\$22.50</b>	<b>\$41.25</b>	<b>Reduced Price</b>		<b>\$4.50</b>	<b>\$6.00</b>
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<div style="border: 1px dashed green; padding: 10px;"> <p style="color: blue; font-weight: bold;">Spring Break (School Closed)</p> <p style="color: blue; font-weight: bold;">April 10-14</p> </div>															
<b>17</b> <b>BREAKFAST</b> Apple Cinnamon Muffin, Juice, Fruit, Milk  <b>LUNCH</b> Chicken & Noodles Steamed Carrots <b>Salad Bar –Color Your Plate</b> Chilled Mixed Fruit, WG Roll 🍎 Noodles & Broccoli w/ Cheese	<b>18</b> <b>BREAKFAST</b> Sausage Biscuit, Fruit, Juice, Milk  <b>LUNCH – Taco Tuesday</b> Taco Salad Refried Beans <b>Salad Bar –Color Your Plate</b> Fresh Fruit, Salsa 🍎 Vegetarian Taco Salad	<b>19</b> <b>BREAKFAST</b> Yogurt, Graham Crackers, Fruit, Milk  <b>LUNCH</b> Barbecue Chicken Macaroni & Cheese Green Beans, Potato Salad Soft WG Roll, Chilled Peaches 🍎 Macaroni & Cheese	<b>20</b> <b>BREAKFAST</b> Breakfast Bar, Juice, Fruit, Milk  <b>LUNCH</b> Barbecue Pulled Pork - WG Bun Steamed Whole Kernel Corn Coleslaw Chilled Applesauce 🍎 Garden Burger	<b>21</b> <b>BREAKFAST</b> WG Mini Waffles, Fruit, Juice, Milk  <b>Breakfast for LUNCH</b> Cheesy Grits, Sausage Links Breakfast Potatoes Chilled Applesauce, Cinnamon Raisin Toast 🍎 Egg Patty	<p>Discover the sweetest, juiciest, and crunchiest fruits &amp; veggies</p>										
<b>24</b> <b>BREAKFAST</b> Sausage English Muffin, Fruit, Juice, Milk  <b>LUNCH</b> Rotini Alfredo Pasta w/ Broccoli & Chicken Caesar Salad Chilled Sliced Peaches, WG Roll 🍎 Rotini Alfredo Pasta w/ Broccoli	<b>25</b> <b>BREAKFAST</b> WG Mini Pancakes, Fruit, Juice, Milk  <b>LUNCH</b> Barbecue Pork on WG Bun Steamed Whole Kernel Corn Coleslaw Chilled Applesauce 🍎 Garden Burger	<b>26</b> <b>BREAKFAST</b> Cinnamon Raisin Bagel, Fruit, Juice, Milk  <b>LUNCH</b> Pinto Beans W/ Sausage & Ham Steamed Brown Rice <b>Salad Bar –Color Your Plate</b> Chilled Mixed Fruit, Cornbread 🍎 Pinto Beans	<b>27</b> <b>BREAKFAST</b> Blueberry Muffin, Fruit, Juice, Milk  <b>LUNCH</b> Spaghetti & Meatsauce Steamed Carrots Chilled Sliced Pears Garlic Bread 🍎 Spaghetti & Marinara Sauce	<b>28</b> <b>BREAKFAST</b> Yogurt, Graham Crackers, Juice, Milk  <b>LUNCH</b> 🇺🇸 Pepperoni Pizza Whole Kernel Corn Fresh Romaine Lettuce Salad Chilled Sliced Pears 🍎 Cheese Pizza											
<p>Want to get your engine going?</p> <p><b>Eat Fruits and Veggies!</b></p>	<p><b>CLASSES RESUME</b>  <b>MONDAY, APRIL 17TH</b></p>	<p>Available Daily with all meals:</p> <p>Low-fat and Fat Free unflavored milk</p> <p>Fat Free flavored milk</p>			<p><b>USDA is an equal opportunity provider and employer.</b></p>										



## **Breakfast in the Classroom: Frequently Asked Questions**

### **1. Why did International School of Louisiana Bunche-Jefferson Parish campus decide to implement Breakfast in the Classroom?**

We adopted a pilot of the Breakfast in the classroom program to explore avenues on ensuring that all students have access to breakfast daily. This program has increased student participation by more than 30%. Currently, more students are eating school breakfast when compared to the 2014-15 school year conventional breakfast in the cafeteria model.

### **2. Is there a cost associated with breakfast in the classroom?**

- For families that have applied and have been approved for free meals, there is no cost.
- For households that have applied and have been approved for reduced meals, the cost for breakfast is \$0.30 daily.
- For households that are considered full pay status the cost for breakfast is \$1.50 daily.

### **3. How long does breakfast in the classroom take and will it take away from instructional time?**

Breakfast in the classroom takes about 10-15 minutes to serve, eat and clean up. During this time, teachers can take attendance, collect homework or review the day's lesson. In some cases, Breakfast in the Classroom can lead to a gain in instructional time because students are already settled down and ready to begin.

### **4. Is Breakfast in the Classroom for all students?**

Breakfast in the classroom is offered to all students, but it's the students choice whether or not to take breakfast.

### **5. Are students allowed to only take juice or milk?**

- Yes. If a student only receives juice/milk the cost is \$0.50 regardless of the meal benefits status.
- To obtain the free/reduced price, students with an approved application on file must take a minimum of 3 of the items offered including a fruit or juice.

## MY SCHOOL BUCKS

[www.Myschoolbucks.com](http://www.Myschoolbucks.com)

- Pay for school meals anytime, anywhere from your computer or smartphone.
- Schedule recurring payments
- Check meal account balances
- View purchases
- Set up low balance email reminders

## FOOD ALLERGIES

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to the student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2016 - 2017 form.

**\*\* NOTE \*\*** If a student cannot have fluid milk as a result of a medical diagnosis, the Physician must prescribe the milk substitute on the Diet Prescription Form. The following milk substitutions are available: 4 oz juice, bottled water, and Soy Milk.

# OFFER VS. SERVE (BREAKFAST)

## CHOOSE AT LEAST 3 ITEMS



GRAINS



MILK



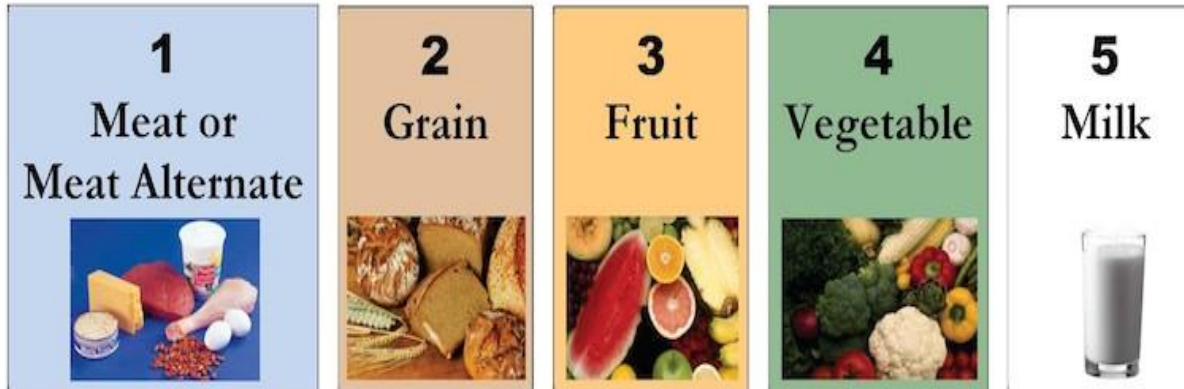
Fruits and Vegetables

## MUST TAKE ½ CUP FRUIT OR VEGETABLE

*USDA is an equal opportunity provider and employer.*

Offer versus Serve

## The **5 Meal Components** for School Lunch



You choose **at least 3** including

- ½ cup of fruit or vegetable
- at least two other full components

For best nutrition, **choose all 5!**