

## Block schedule

With the advent of the public school reform movement in the 1980s, schools and school districts were barraged with demands for educational change. Block scheduling was one of the responses to this need for a fresh approach to learning. Although the variations of block scheduling are endless and idiosyncratic to the schools that implement them, all forms of block scheduling carry one common feature — extended class time beyond the traditional 50-minute class period.

Research has shown that students achieve deeper learning through sustained and uninterrupted contact with subject matter. ISL's block schedule follows a basic A/B pattern. Students take core academic courses for 90 minutes every other day, with Friday alternating between the two.