



Daily Meal Prices	
BREAKFAST	LUNCH
\$1.50	\$2.75
Reduced Price	
\$0.30	\$0.40
*only those students who have qualified for Federal Free/Reduced Meals Program are eligible for reduced price meals.	

2017 ~ Bunche-Jefferson Parish/Olivier-Westbank

Monday	Tuesday	Wednesday	Thursday	Friday	FYI										
<p>1 BREAKFAST Breakfast Bar, Fruit, Juice</p> <p>LUNCH Macaroni & Cheese Chicken Nuggets Steamed Green Peas Chilled Fruit Cup ✔ Macaroni & Cheese</p>	<p>2 BREAKFAST Sausage English Muffin, Fruit, Juice</p> <p>LUNCH Chicken Stew Steamed Rice Steamed Sliced Carrots, Garden Salad, Chilled Fruit, WG Roll ✔ Garden Patty w/ gravy</p>	<p>3 BREAKFAST Yogurt, Graham Crackers, Juice</p> <p>LUNCH Ham & Cheese Sandwich Shredded lettuce/tomato/pickle Fruit Cup Baked Chips ✔ Grilled Cheese Sandwich</p>	<p>4 BREAKFAST Apple Cinnamon Muffin, Juice, Fruit</p> <p>LUNCH Turkey Roast Steamed Rice & Gravy Steamed Green Beans, Sweet potatoes, Fruit cup, WG Roll ✔ Garden Patty w/ gravy</p>	<p>5 BREAKFAST Cinnamon Raisin Bagel, Fruit, Juice</p> <p>LUNCH Hot dog on Bun Baked Beans Fresh Garden Salad Fruit Cup ✔ Black Bean & Corn Quesadilla</p>	<p>Milk Available Daily with all meals</p> <p>Low-Fat and Fat Free Unflavored Fat Free Flavored</p>										
<p>8 BREAKFAST Toaster Pastry, Fruit, Juice</p> <p>LUNCH Chicken Veggie Rice Casserole Spinach & Cranberry Salad Chilled Fruit Cup Soft WG Roll ✔ Vegetable Rice Casserole</p>	<p>9 BREAKFAST Blueberry Muffin, Fruit, Juice</p> <p>LUNCH Ham & Cheese Melt Fresh Broccoli & Carrots Fresh Fruit Baked Chips ✔ Grilled Cheese Sandwich</p>	<p>10 BREAKFAST Sliced Ham Biscuit, Fruit, juice</p> <p>LUNCH Baked Chicken Yellow Rice Steamed Sliced Carrots Apple Crisp, WG Roll ✔ Spaghetti Toss</p>	<p>11 BREAKFAST Mini Pancakes, Fruit, Juice</p> <p>LUNCH Mini Corn Dogs Baked Beans Garden Salad, Chilled Fruit ✔ Black Bean & Corn Quesadilla</p>	<p>12 BREAKFAST Yogurt, Graham Crackers, Fruit, Juice</p> <p>LUNCH 🍷 Pepperoni Pizza Whole Kernel Corn Fresh Fruit, Pudding Cup ✔ Cheese Pizza</p>	<p>MAY 2017 Meal Prices</p> <table border="1"> <tr> <th>Breakfast</th> <th>Lunch</th> </tr> <tr> <td>Full Price</td> <td>Full Price</td> </tr> <tr> <td>\$33.00</td> <td>\$60.50</td> </tr> <tr> <td>Reduced Price</td> <td>Reduced Price</td> </tr> <tr> <td>\$6.60</td> <td>\$8.80</td> </tr> </table>	Breakfast	Lunch	Full Price	Full Price	\$33.00	\$60.50	Reduced Price	Reduced Price	\$6.60	\$8.80
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<p>15 BREAKFAST Breakfast Bar, Fruit, Juice</p> <p>LUNCH Navy Beans w/ Sausage & Ham Steamed Rice, Cornbread Fresh Spinach Salad w/ Cranberries Chilled Sliced Pears ✔ Red Beans</p>	<p>16 BREAKFAST Mini French Toast, Fruit, Juice</p> <p>LUNCH – Taco Tuesday Taco Salad Refried Beans Shredded lettuce/Cheese Cup Fresh Fruit, Salsa ✔ Vegetarian Taco Salad</p>	<p>17 BREAKFAST Cereal Bar, Fruit, Juice</p> <p>LUNCH Turkey Roast w/ Gravy Steamed Rice & Gravy Steamed Carrots Fruit Cup, WG Roll ✔ Garden Patty w/ gravy</p>	<p>18 BREAKFAST Apple Cinnamon Muffin, Juice, Fruit</p> <p>LUNCH Spaghetti Casserole Steamed Green Beans Fruit Cup Garlic Bread ✔ Spaghetti & Marinara Sauce</p>	<p>19 BREAKFAST Sausage Biscuit, fruit, Juice</p> <p>LUNCH Grilled Cheese Sandwich Baby Carrots/Celery Sticks Ranch Dressing Cup Fruit Cup</p>	<p><i>Don't forget:</i></p> <p>Your Child's Meal Balance</p>										
<p>22 BREAKFAST English Muffin, Sausage, Fruit, Juice</p> <p>LUNCH Salisbury Steak & Gravy Scalloped Potatoes Steamed Green Beans Fruit Cup, WG Roll ✔ Garden Patty w/ Gravy</p>	<p>23 BREAKFAST Mini Pancakes, Fruit, Juice</p> <p>LUNCH Cheeseburger on WG Bun Baked Potato Wedges Shredded lettuce, tomato, Pickle Fruit Cup ✔ Garden Burger</p>	<p>24 BREAKFAST Cinnamon Raisin Bagel, Fruit, Juice</p> <p>LUNCH Chili Con Carne with Beans Supreme Mashed Potatoes Fruit Cup, WG Crackers ✔ Vegetable Tetrazzini</p>	<p>25 BREAKFAST Breakfast Bar, Fruit, Juice</p> <p>LUNCH Chipotle Chicken Wrap Steamed Corn, Garden Salad Fruit Cup ✔ Garden Burger</p>	<p>26 BREAKFAST Toaster Pastry, Fruit, Juice</p> <p>LUNCH 🍷 Sausage Pizza Steamed Whole Kernel Corn Fresh Romaine Lettuce Salad Fresh Fruit, Pudding Cup ✔ Cheese Pizza</p>	<p>JUNE 2017 Meal Prices</p> <table border="1"> <tr> <th>Breakfast</th> <th>Lunch</th> </tr> <tr> <td>Full Price</td> <td>Full Price</td> </tr> <tr> <td>\$3.00</td> <td>\$2.75</td> </tr> <tr> <td>Reduced Price</td> <td>Reduced Price</td> </tr> <tr> <td>\$0.60</td> <td>\$0.40</td> </tr> </table>	Breakfast	Lunch	Full Price	Full Price	\$3.00	\$2.75	Reduced Price	Reduced Price	\$0.60	\$0.40
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<p>29</p> <p>NO SCHOOL</p>	<p>30 BREAKFAST Sausage English Muffin, Fruit, Juice</p> <p>LUNCH – Taco Tuesday Taco Salad Refried Beans Fresh Fruit, Salsa ✔ Vegetarian Taco Salad</p>	<p>31 BREAKFAST Toaster Pastry, Fruit, Juice</p> <p>LUNCH Chicken & Sausage Jambalaya Three Bean Salad Baked Cinnamon Apples WG Roll ✔ Vegetable Jambalaya</p>	<p>1 BREAKFAST Sliced Ham Biscuit, Fruit, Juice</p> <p>LUNCH 🍷 Pepperoni Pizza Whole Kernel Corn Fresh Fruit, Pudding Cup ✔ Cheese Pizza</p>	<p>2 BREAKFAST Breakfast Bar, Fruit, Juice</p> <p>Have a Safe Summer!</p>	<p>USDA is an equal opportunity provider and employer.</p>										

Breakfast in the Classroom: Frequently Asked Questions

1. Why did International School of Louisiana Bunche-Jefferson Parish campus decide to implement Breakfast in the Classroom?

We adopted a pilot of the Breakfast in the classroom program to explore avenues on ensuring that all students have access to breakfast daily. This program has increased student participation by more than 30%. Currently, more students are eating school breakfast when compared to the 2014-15 school year conventional breakfast in the cafeteria model.

2. Is there a cost associated with breakfast in the classroom?

- For families that have applied and have been approved for free meals, there is no cost.
- For households that have applied and have been approved for reduced meals, the cost for breakfast is \$0.30 daily.
- For households that are considered full pay status the cost for breakfast is \$1.50 daily.

3. How long does breakfast in the classroom take and will it take away from instructional time?

Breakfast in the classroom takes about 10-15 minutes to serve, eat and clean up. During this time, teachers can take attendance, collect homework or review the day's lesson. In some cases, Breakfast in the Classroom can lead to a gain in instructional time because students are already settled down and ready to begin.

4. Is Breakfast in the Classroom for all students?

Breakfast in the classroom is offered to all students, but it's the students choice whether or not to take breakfast.

5. Are students allowed to only take juice or milk?

- Yes. If a student only receives juice/milk the cost is \$0.50 regardless of the meal benefits status.
- To obtain the free/reduced price, students with an approved application on file must take a minimum of 3 of the items offered including a fruit or juice.

MY SCHOOL BUCKS

www.Myschoolbucks.com

- Pay for school meals anytime, anywhere from your computer or smartphone.
- Schedule recurring payments
- Check meal account balances
- View purchases
- Set up low balance email reminders

FOOD ALLERGIES

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to the student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2016 - 2017 form.

**** NOTE **** If a student cannot have fluid milk as a result of a medical diagnosis, the Physician must prescribe the milk substitute on the Diet Prescription Form. The following milk substitutions are available: 4 oz juice, bottled water, and Soy Milk.

OFFER VS. SERVE (BREAKFAST)

CHOOSE AT LEAST 3 ITEMS



GRAINS



MILK



Fruits and Vegetables






MUST TAKE ½ CUP FRUIT OR VEGETABLE

USDA is an equal opportunity provider and employer.



Offer versus Serve

The **5 Meal Components** for School Lunch

<p>1 Meat or Meat Alternate</p> 	<p>2 Grain</p> 	<p>3 Fruit</p> 	<p>4 Vegetable</p> 	<p>5 Milk</p> 
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You choose **at least 3** including

- ½ cup of fruit or vegetable
- at least two other full components

For best nutrition, **choose all 5!**