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Free & Reduced Price Meals Program
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August 2019
International School of Louisiana

Daily Meal Prices

BREAKFAST	LUNCH
\$1.60	\$2.85
Reduced Price	
\$0.30	\$0.40

*only those students who have qualified for Federal Free/Reduced Meals Program are eligible for reduced price meals.

Monday	Tuesday	Wednesday	Thursday	Friday	FYI
 Low fat and Fat Free unflavored Milk & Low Fat flavored milk	Past Due Meal Account Balance To avoid an interruption in meal services, contact the Food Service Office to submit your payment TODAY . mboudreaux@isl-edu.org or (504)444-2696	 ONLINE MEAL PAYMENTS AVAILABLE AT Myschoolbucks.com View account balances, meal purchases, schedule automatic payments and make payments anytime, anywhere from the mobile app Meal payments are due at the time of service.			August (Monthly Totals) Full Price Breakfast \$24.00 Lunch \$42.75 Reduced Price Breakfast \$4.50 Lunch \$6.00 Extra items sold Milk/water \$0.50
12 BREAKFAST Assorted Cereal, Graham Crackers, Sliced Peaches, Fruit Juice LUNCH Boneless Chicken & Gravy Steamed Brown Rice Sweet Potatoes Salad Greens Chilled Pineapple tidbits, WG Roll Garden Patty & Gravy	13 BREAKFAST Cheese Omelet, WG Toast, Sliced Pears, Fruit Juice LUNCH Creamy Red Beans - Ham & Sausage Steamed Brown Rice Cucumber/Tomato Salad Chilled Sliced Peaches Cornbread Red Beans	14 BREAKFAST Blueberry Muffin, Gogurt Applesauce, Fruit Juice LUNCH Hamburger on WG Bun Potato Tots Lettuce/Tomato/Pickle Tray Orange Wedges Garden Burger on WG Bun	15 BREAKFAST Canadian Bacon Biscuit, Orange Wedges, Fruit Juice LUNCH Spaghetti & Meatsauce Steamed Green Peas, Caesar Salad Chilled Mandarin Orange Slices Warm Garlic Bread Spaghetti & Marinara Sauce	16 BREAKFAST Pancakes, Sausage links, Mixed Fruit, Fruit Juice LUNCH Sausage Pizza Corn on the Cob Fresh Garden Salad Orange/Apple Slices Cheese Pizza	
19 BREAKFAST Ham & Cheese Toaster, Sliced Pears, Fruit Juice LUNCH Mediterranean Monday Mediterranean Chicken Wrap Greek Salad Fresh Grapes Veggie-Hummus Wrap	20 BREAKFAST Waffles, Sausage Links, Apple Slices, Fruit Juice LUNCH – Taco Tuesday Taco Salad Refried Beans Shredded lettuce Fresh Fruit, Salsa Refried Bean Taco Salad	21 BREAKFAST Wheat Toast, Hashbrowns, Turkey Bacon, Fruit Juice Eco-Awareness Wednesday Grilled Cheese Sandwich, Gogurt Vegetable Medley Tray (Carrots/Broccoli/Cucumber) Fresh Orange Wedges Ranch Dressing Grilled Cheese Sandwich	22 BREAKFAST Assorted Cereal, Fresh Berries, Juice, Milk LUNCH Beef Macaroni & Cheese Steamed Green Beans Caesar Salad Chilled Sliced Pears Warm Garlic Bread Mac & Cheese w/ Marinara	23 BREAKFAST Fruit & Yogurt Parfait, Cinnamon Raisin Toast, Juice LUNCH Chicken Nuggets Au Gratin Potatoes Glazed Sliced Carrots Chilled Mandarin Orange Slices WG Roll Veggie Supreme Au Gratin Potatoes	We are Straw-less 
26 BREAKFAST French Toast, Eggs, Mixed Fruit, Fruit Juice LUNCH Savory Salisbury Steak w/ Gravy Garlic Mashed Potatoes Mixed Vegetables Chilled Mandarin Oranges Warm WG Roll, Pudding Cup Vegetable Rice Casserole	27 BREAKFAST Waffles, Sausage links, Fresh Berries, Fruit Juice  LUNCH – Tray-less Tuesday Deli Sandwich on Wheat Bread Lettuce/Tomato/Pickle Cup Fresh Plums Assorted Chips Supreme Veggie Sandwich	28 BREAKFAST Assorted Cereal, Graham Crackers, Bananas, Juice, Milk LUNCH Rotisserie Chicken Seasoned Yellow Rice Baked Beans Creamy Coleslaw Chilled Sliced Peaches, WG Roll Seasoned Veggie Yellow Rice	29 BREAKFAST Buttered Grits, Wheat Toast, Canadian Bacon, Sliced Pears, Fruit Juice LUNCH Pasta Primavera Caesar Salad Chilled Tropical Fruit Warm Garlic Bread Pasta Primavera	30 BREAKFAST Apple Cinnamon Muffin, String Cheese, Orange Wedges, Fruit Juice LUNCH Pepperoni Pizza Steamed Whole Kernel Corn Fresh Garden Salad Fresh Fruit Teddy Grahams Cheese Pizza	 Eco-Awareness Wednesday Tray-less Tuesday/Thursday Eco-Friendly Friday

"USDA is an equal opportunity provider and employer"

MEAL PAYMENT PROCEDURES

PREPAYMENT PROCEDURE

The procedure for paying for meals is to **PRE-PAY** by the day, week, month, or year. A check, cash, or money order should be sent in a sealed envelope with the student's first and last name including the amount enclosed and school campus written on the outside of the envelope. **CASH PAYMENTS ARE HIGHLY DISCOURAGED AND THE BURDEN OF PROOF IS ON THE PAYER IF HE/SHE CHOOSES TO USE CASH FOR PAYMENT.** There is a \$35 NSF fee for each returned check. Meal payment forms are located in the front office of each school or online at www.isl-edu.org/menu. Money **MUST** be available in the meal account or paid at the point of service. This policy includes everyone: students, staff, and visitors. Money remaining in the account at the end of the school year will carry over to the following school year. Student meal account funds cannot be used to pay for guest meals which include parent/guardian meals.

ONLINE MEAL PAYMENTS

Online meal payments are available at www.myschoolbucks.com for your convenience. Households that would like to utilize online payments must register with My School Bucks. Your child's school student number will be required when registering. There are no fees and the website is safe and secure for credit/debit card payments. The online payment system allows parents/guardians to track and pay for meals, view balances and schedule advance or recurring payments

DELINQUENT MEAL PAYMENTS AND ALTERNATIVE MEALS

Meal payments are due at the time of service. Delinquent meal accounts will be subject to collections and scheduled meal denial.

PROCEDURES FOR PROVIDING ALTERNATIVE MEALS

When an account is delinquent (a balance owed of greater than \$25), the parent/guardian will be contacted by the Food Service Department. Failure to pay for meals will result in denial of scheduled meals.

An alternative meal will be served for breakfast and/or lunch if payment has not been received by the date agreed upon by the Food Services Director and the parent/guardian. Upon the third instance during a single school year of an elementary or middle school student being denied a regular meal during school hours, the Food Service Department shall contact the Office of Community Services within the Department of Social Services to report the failure of the parent or guardian to pay for meals, which has resulted in repeated denials of meals during school hours.

FOOD ALLERGIES



SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2019-20 school year diet prescription form on file. Forms can be found at www.isl-edu.org/menu or in the front office resource center of each campus.

DISABILITY SPECIAL DIET REQUESTS Federal and state regulations require a completed and current diet prescription form for any student with a special diet request. Special diet request forms are available on the school's website, directly from the Food Services Department or school nurse. Special diet requests will not be processed without a current school year form on file. Special diet request form(s) must be supported by a signed statement by a licensed medical authority by the state. Menu substitutions will only be served to students with a documented medical dietary need.

Students who cannot have cow's milk due to a medical condition must have a current school year diet prescription form on file, which must include the milk substitute prescribed by the physician.

NON-DISABILITY SPECIAL DIET REQUESTS Special diet requests for personal reasons (i.e., ethnic or religious) without a recognized medical disability may be accommodated at the discretion of the Food Services Director. The ISL Food Services Department is not required to make substitutions for non-medical reasons. However, students are allowed to refuse food items within the guidelines of offer vs. serve. Parents/guardians must submit a special diet form to the food service department for non-disability special diet requests.

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to a student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2019 – 2020 School Year form.

The form is located in the front office of each school campus and online at www.isl-edu.org/Menu.

****NOTE**** If a student cannot have fluid milk as a result of a medical diagnosis, the Physician must prescribe the milk substitute on the Diet Prescription Form. ***The following milk substitutions are available: 4 oz juice, bottled water, and lactaid.***

All ISL Campuses

Offer vs. Serve

ALL ISL Campuses participate in Offer vs. Serve for breakfast and lunch. Students are encouraged to take all items offered, but with Offer vs. Serve, students must take a minimum of 3 items which must include $\frac{1}{2}$ cup of fruit or vegetable.

OFFER VS. SERVE (BREAKFAST)

CHOOSE AT LEAST 3 ITEMS



GRAINS



MILK

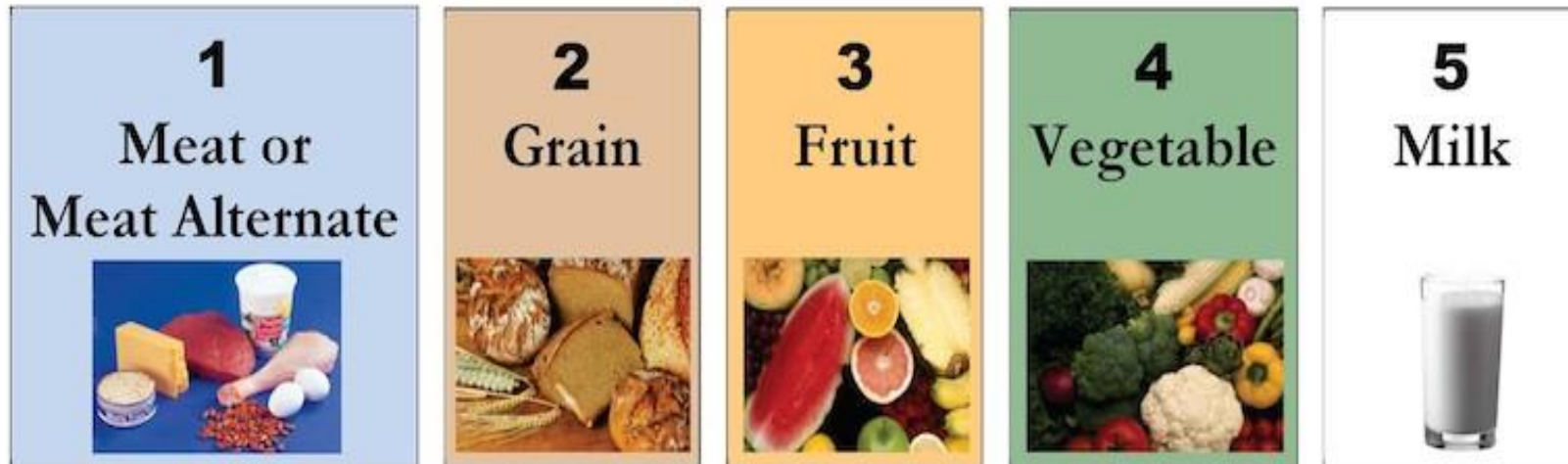


Fruits and Vegetables

MUST TAKE $\frac{1}{2}$ CUP FRUIT OR VEGETABLE

Offer versus Serve

The **5 Meal Components** for School Lunch



You choose **at least 3** including

- $\frac{1}{2}$ cup of fruit or vegetable
- at least two other full components

For best nutrition, **choose all 5!**

International School of Louisiana
Food Service Department (Main Office)
1400 Camp St.
New Orleans, LA 70130
(504)444-2696