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Free & Reduced Price Meals Program

International School of Louisiana



2020

Menu is subject to change

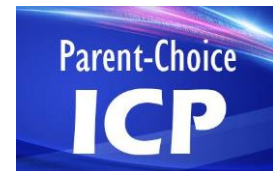
**All Students**

will receive

**“FREE” Meals  
(Breakfast & Lunch)**

through December 31<sup>st</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Available to All Students</b></p> <p><b>Free</b></p> <p><b>Grab and Go Breakfast in the classroom</b></p>	<p>1 <b>BREAKFAST</b> Blueberry Muffin, Orange, Juice</p> <p><b>LUNCH</b> Turkey &amp; Cheese Mini Sub Sandwich Salad Greens Fruit Cup Sandwich Condiments</p>	<p>2 <b>BREAKFAST</b> Toaster Pastry, Apple, Juice</p> <p><b>LUNCH</b> Grilled Cheese Sandwich Baby Carrots Fruit Cup</p>	<p>2 <b>BREAKFAST</b> Cereal, Fruit Cup, Juice</p> <p><b>LUNCH</b> Pepperoni Pizza Broccoli Florets Grapes Ranch Dressing</p>	<p>4 <b>BREAKFAST</b> Mini Pancakes, Fruit Cup, Juice</p> <p><b>LUNCH</b> Deli Sandwich Sandwich Salad Greens Orange Sandwich Condiments</p>
<p>7</p>	<p>8 <b>BREAKFAST</b> Cereal, Banana, Juice</p> <p><b>LUNCH</b> Corn dog Cucumber/Cherry Tomato Salad Orange Wedges Salad Dressing</p>	<p>9 <b>BREAKFAST</b> Cereal Bar, Sliced Apples, Juice</p> <p><b>LUNCH</b> Chicken Sandwich Lettuce/Tomato/Pickles Grapes Sandwich Condiments</p>	<p>10 <b>BREAKFAST</b> Mini Waffles, Fruit Cup, Juice</p> <p><b>LUNCH</b> Cold Cut Deli Sandwich Baby Carrots Fruit Cup</p>	<p>11 <b>BREAKFAST</b> Blueberry Muffin, Apple, Juice</p> <p><b>LUNCH</b> Sausage Pizza Side Salad Banana Salad Dressing</p>
<i>We missed you!</i>		<b>Wednesday SCHOOLWIDE ICP</b>	<i>Welcome Back to School!</i>	
<p>14 <b>BREAKFAST</b> Apple Cinnamon Muffin, Apple Slices, Juice</p> <p><b>LUNCH</b> Classic Grilled Cheese Sandwich Celery Sticks/Baby Carrots Apple Slices Ranch Dressing Teddy Grahams</p>	<p>15 <b>BREAKFAST</b> Toaster Pastry, Fruit, Juice</p> <p><b>LUNCH</b> Grilled Chicken Caesar Salad Yogurt WG Crackers Banana</p>	<p>16 <b>BREAKFAST</b> Cereal, Juice, Milk</p> <p><b>LUNCH</b> Ham &amp; Cheese Pocket Garden Side Salad Fruit Cup Salad Dressing</p>	<p>17 <b>BREAKFAST</b> Blueberry Pancake on Stick, Fruit, Juice</p> <p><b>LUNCH</b> Pepperoni Pizza Garden Side Salad Grapes</p>	<p>18</p>
<p>21 <b>BREAKFAST</b> Blueberry Muffin, Orange Wedges, Juice</p> <p><b>LUNCH</b> Hamburger on Bun Potato Tots Sandwich Salad Cup Orange Wedges</p>	<p>22 <b>BREAKFAST</b> Graham Crackers, Yogurt, Juice</p> <p><b>LUNCH</b> Philly Cheese Steak Pocket Sandwich Salad Cup Orange Wedges</p>	<p>23 <b>BREAKFAST</b> Cereal, Juice, Milk</p> <p><b>LUNCH</b> Corn dog Cucumber/Cherry Tomato Salad Fruit Cup Salad Dressing</p>	<p>24 <b>BREAKFAST</b> Sausage Biscuit, Banana, juice</p> <p><b>LUNCH</b> Hot dog on Bun Potato Tots Chilled Grapes</p>	<p>25 <b>BREAKFAST</b> Cereal Bar, Grapes, Juice</p> <p><b>LUNCH</b> Pepperoni Pizza Garden Side Salad Fruit Cup</p>
<p>28 <b>BREAKFAST</b> Cinnamon Raisin Bagel, Orange Wedges, Juice</p> <p><b>LUNCH</b> Ham &amp; Cheese Melt Cucumber/Tomato Salad Apple Slices Chips</p>	<p>29 <b>BREAKFAST</b> Apple Cinnamon Muffin, Fruit, Juice</p> <p><b>LUNCH</b> Turkey &amp; Cheese Mini Sub Sandwich Salad Cup Orange Wedges Sandwich Salad Condiments Chips</p>	<p>30 <b>BREAKFAST</b> Cereal, Juice, Milk</p> <p><b>LUNCH</b> Pepperoni Pizza Pocket Garden Side Salad Fruit Cup Salad Dressing</p>	<p>Lowfat and Fat Free unflavored milk Fat Free flavored milk</p>	<p><i>This institution is an equal opportunity provider</i></p>



(through December)

Only full ICP Students  
(at home/virtual learning)

Beginning  
September 15<sup>th</sup>

**Meal Pickup**

**EACH TUESDAY  
3:30 PM – 4:30 PM**

Order form  
Opens Wednesday 8 AM  
Closes Monday 8 AM

**On-campus Students**

**Wednesday - ICP**

**Wednesday Meals will  
be sent home Tuesday  
with Students**

**Curbside Meal Pick Up (FOR FULL ICP STUDENTS ONLY)**  
**(at home/virtual learning)**

**Dixon | Uptown | Westbank**

**Each Tuesday**  
**3:30 PM – 4:30 PM**

**PRE-ORDER REQUIRED:**

Households that want to receive school meals must submit an online meal pick up order form every week.

**A FORM MUST BE COMPLETED FOR EACH ISL STUDENT REQUESTING MEALS:**

Families with multiple ISL students will have to complete a form for each student.

**THERE IS 1 ORDER FORMS (FRIDAY PICK UP):**

There are separate online forms for each pickup day.

**Tuesday Pick Up Meals:**

- Breakfast and lunch provided for days school is in session.
- **Online order opens Wednesday 8 am until Monday 8 am**

**DOCUMENTATION REQUIREMENTS:**

Parents/Guardians picking up meals without the student(s) present will have to provide documentation for each student. Acceptable forms of documentation include: student ID, student report card, birth certificate.



## **SPECIAL DIET REQUESTS**

***Special diet requests will not be accommodated without a 2020-2021 school year diet prescription form on file. Forms can be found at [www.isl-edu.org/menu](http://www.isl-edu.org/menu) or in the front office resource center of each campus.***

**DISABILITY SPECIAL DIET REQUESTS** Federal and state regulations require a completed and current diet prescription form for any student with a special diet request. Special diet request forms are available on the school's website, directly from the Food Services Department or school nurse. Special diet requests will not be processed without a current school year form on file. Special diet request form(s) must be supported by a signed statement by a licensed medical authority by the state. Menu substitutions will only be served to students with a documented medical dietary need.

Students who cannot have cow's milk due to a medical condition must have a current school year diet prescription form on file, which must include the milk substitute prescribed by the physician.

**NON-DISABILITY SPECIAL DIET REQUESTS** Special diet requests for personal reasons (i.e., ethnic or religious) without a recognized medical disability may be accommodated at the discretion of the Food Services Director. The ISL Food Services Department is not required to make substitutions for non-medical reasons. However, students are allowed to refuse food items within the guidelines of offer vs. serve. Parents/guardians must submit a special diet form to the food service department for non-disability special diet requests.

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to a student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2020 – 2021 School Year form.

**The form is located in the front office of each school campus and online at [www.isl-edu.org/Menu](http://www.isl-edu.org/Menu).**

# ***We are here to help!***

Please reach out to us, directly, with any questions or concerns regarding Food services, Meal distribution or pick up, and any dietary or food safety information.

## ***Food Service Main Office***

**Melissa Boudreaux**

*(504) 444-2696*

[mboudreaux@isl-edu.org](mailto:mboudreaux@isl-edu.org)

## ***School Cafeteria contact:***

**Dixon Campus**

*Yvonne White*

[ywhite@isl-edu.org](mailto:ywhite@isl-edu.org)

**Uptown Campus**

*Silverine Packnett-McGivens*

[spacknettmcgivens@isl-edu.org](mailto:spacknettmcgivens@isl-edu.org)

**Westbank Campus**

*Claudia Fuentes*

[cfuentes@isl-edu.org](mailto:cfuentes@isl-edu.org)

## ***Free/Reduced Meal Benefit Application***

The online portal is now available at [www.myschoolapps.com](http://www.myschoolapps.com)

Families will receive their benefits notification letter during their assigned school supply distribution day or the first day of school.