



www.myschoolapps.com

Free & Reduced Price Meals Program

International School of Louisiana




Menu is subject to change


All Students

NOW RECEIVING

**FREE Meals
(Breakfast & Lunch)**

2020 - 2021 School Year

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST Blueberry Muffin, Fruit Juice LUNCH Ham & Swiss Cheese Mini Sub Sandwich Salad Cup Apple Slices, Sun butter Cups Baked Chips	2 UPTOWN MIDDLE SCHOOL Middle School (6 th - 8 th Grade) Wednesday In-person Instruction BREAKFAST Apple Cinnamon Muffin, Juice LUNCH Hamburger on Bun (Beef) Lettuce, Tomato, Pickle cup Potato tots Orange Wedges	3 BREAKFAST Yogurt, Graham Crackers, Orange Wedges LUNCH Barbecue Pork Riblet Mashed Potatoes Soft Wheat Roll Mandarin Oranges	4 BREAKFAST Sausage Biscuit (Pork), Juice, Jelly LUNCH Chicken Quesadillas Whole Corn Chilled Grapes Sour Cream, Salsa
	7 BREAKFAST Nutri-grain Bar, String Cheese, Fruit Juice LUNCH Hamburger on WG Bun Sandwich Salad Cup Applesauce Graham Snacks	8 BREAKFAST Cereal, Banana, Graham Crackers LUNCH Cold Cut Deli Sandwich (Turkey) Sandwich Salad Cup Apple Slices, Sun Butter cups	9 BREAKFAST Chicken Biscuit, Juice, Apple Slices LUNCH Macaroni & Cheese, Sliced Ham Garden Side Salad, WG Roll Diced Peaches	10 BREAKFAST Mini Waffles, Fresh Strawberries LUNCH Alfredo Pasta, Chicken Tenders Garden Side Salad Wheat Roll Pineapple Tidbits
14 BREAKFAST Apple Cinnamon Muffin, Juice LUNCH Pepperoni Pizza Garlic Breadstick, Salsa Garden Side Salad Orange Wedges	15 BREAKFAST Toaster Pastry, Apple Slices, Sun butter Cups LUNCH Ham & Cheese Mini Sub Sandwich Salad Cup Fresh Plums Baked Chips	16 BREAKFAST Cereal, Banana, Graham Crackers LUNCH Chicken & Waffles Baby Carrots Naturally Sweet Apples	17 BREAKFAST Blueberry Pancake & Sausage Stick, Juice LUNCH Macaroni & Cheese Sliced Ham Garden Side Salad Diced Peaches Pound Cake Slice	18 BREAKFAST Cereal, Banana, Graham Crackers ½ School Day Turkey & Cheese Sandwich Baby Carrots Naturally Sweet Apple Sun butter Cups Goldfish
21	22	23	24	25



(through December)
Only full ICP Students
(at home/virtual learning)
Meal Pickup

EACH WEDNESDAY
2:30 PM – 3:30 PM

Order form
Opens Thursday 8 AM
Closes Monday 2 PM

UPTOWN ONLY MIDDLE SCHOOL

Order meals for ICP Instruction Days

“Middle School Take Home Meals”

www.isl-edu.org/menu

In-person Instruction Students (K-5th Grade)
(All schools)

Wednesday - ICP
Meals for Wednesday will be sent home Tuesday with Students



Winter Break



LEARNING ONLINE?

Curbside Meals Available




Every Meal includes your choice of Milk



This institution is an equal opportunity provider



Menu Items containing Pork:

Please note that the following menu items contain pork or pork derivatives:

Breakfast

Lucky Charms Cereal Bowl

Pancake & Sausage Stick

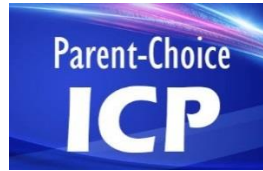
Sausage Biscuit

Lunch Entrees:

Ham & Cheese Sandwiches/Mini Subs

Pepperoni Pizza Stick/Hot Pocket

Pulled Pork Sandwich



**Curbside Meal Pick Up (Available for ALL FULL ICP STUDENTS)
(At home/virtual learning)**

**Now ONLY 1 Pickup Location
UPTOWN CAMPUS
1400 Camp St.**

**Each Wednesday
2:30 PM – 3:30 PM**

PRE-ORDER REQUIRED:

- Households that want to receive school meals must submit an online meal pick up order form every week.
- Email and phone orders not accepted
- An order form must be submitted each week for meal pickup.

A FORM MUST BE COMPLETED FOR EACH ISL STUDENT REQUESTING MEALS:

Families with multiple ISL students will have to complete a form for each student.

Wednesday Pick Up Meals:

- Breakfast and lunch provided only for days school is in session.
- **Online order opens Thursday 8 am until Monday 2 pm**

DOCUMENTATION REQUIREMENTS:

Parents/Guardians picking up meals without the student(s) present will have to provide documentation for each student. Acceptable forms of documentation include: student ID, student report card, birth certificate.

MIDDLE SCHOOL (UPTOWN CAMPUS ONLY)
GRADES 6 - 8

Wednesday meals



will be received
while at school

General information:

- For Middle School students participating in In-Person instruction on Wednesday, meals (breakfast and lunch) will be distributed at school. Meals will be eaten outside (weather permitting). During inclement weather, meals will be eaten in the classroom.

MIDDLE SCHOOL TAKE HOME MEALS

HOW DO WE ORDER FOR THE DAYS STUDENTS ARE OFF CAMPUS?

- Ordering meals will require a ONE TIME-ONLY submission.
- The One-time order form must be submitted no later than Monday at 2pm to receive the initial meal package for that week.
- To allow time for processing and preparation order forms submitted after Monday 2pm, will receive the initial food package the following week.
- Meals will be sent home each week after the order is processed.
- Parent/Guardian must notify food service if they would like to discontinue receiving meals.
- An online ordering system is available to place orders for those households that would like to receive meals (breakfast and lunch) for the days students are learning off campus.
- The form is entitled “Middle School Take Home Meals.”
- The form is available on the school’s website at www.isl-edu.org/menu

DO I HAVE TO FILL OUT A FORM FOR EACH CHILD?

- YES! For households with multiple students, a *separate order form* is required for each student.
- Meals will only be sent home with students that have an order on file.
- ISL is only able to process online orders using the form. An email message or phone call will not be accepted as an order.



SPECIAL DIET REQUESTS

Special diet requests will not be accommodated without a 2020-2021 school year diet prescription form on file. Forms can be found at www.isl-edu.org/menu or in the front office resource center of each campus.

DISABILITY SPECIAL DIET REQUESTS Federal and state regulations require a completed and current diet prescription form for any student with a special diet request. Special diet request forms are available on the school's website, directly from the Food Services Department or school nurse. Special diet requests will not be processed without a current school year form on file. Special diet request form(s) must be supported by a signed statement by a licensed medical authority by the state. Menu substitutions will only be served to students with a documented medical dietary need.

Students who cannot have cow's milk due to a medical condition must have a current school year diet prescription form on file, which must include the milk substitute prescribed by the physician.

NON-DISABILITY SPECIAL DIET REQUESTS Special diet requests for personal reasons (i.e., ethnic or religious) without a recognized medical disability may be accommodated at the discretion of the Food Services Director. The ISL Food Services Department is not required to make substitutions for non-medical reasons. However, students are allowed to refuse food items within the guidelines of offer vs. serve. Parents/guardians must submit a special diet form to the food service department for non-disability special diet requests.

Federal and State regulations require a completed and current diet prescription form for any type of change or substitution to a student's diet. The special diet prescription form will need to be completed by your child's physician or medical authority. We **will not** process a special diet request for your child until we receive the 2020 – 2021 School Year form.

The form is located in the front office of each school campus and online at www.isl-edu.org/Menu.

We are here to help!

Please reach out to us, directly, with any questions or concerns regarding Food services, Meal distribution or pick up, and any dietary or food safety information.

Food Service Main Office

Melissa Boudreaux

(504) 444-2696

mboudreaux@isl-edu.org

School Cafeteria contact:

Dixon Campus

Yvonne White

ywhite@isl-edu.org

Uptown Campus

Silverine Packnett-McGivens

spacknettmcgivens@isl-edu.org

Westbank Campus

Claudia Fuentes

cfuentes@isl-edu.org

Free/Reduced Meal Benefit Application

The online portal is now available at www.myschoolapps.com

Families will receive their benefits notification letter during their assigned school supply distribution day or the first day of school.